

UNLOCK

YOUR

LEADERSHIP

LET'S GET STARTED !



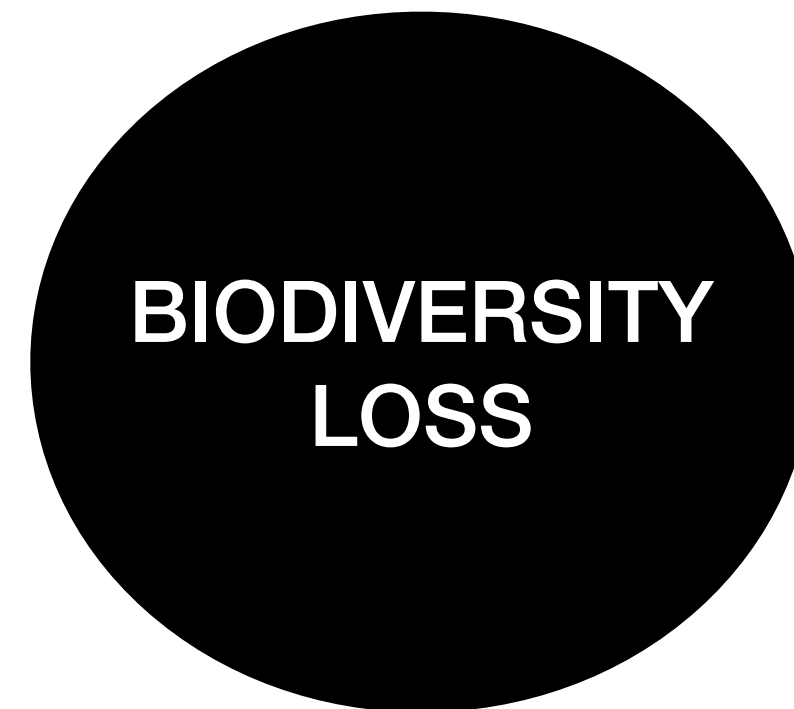
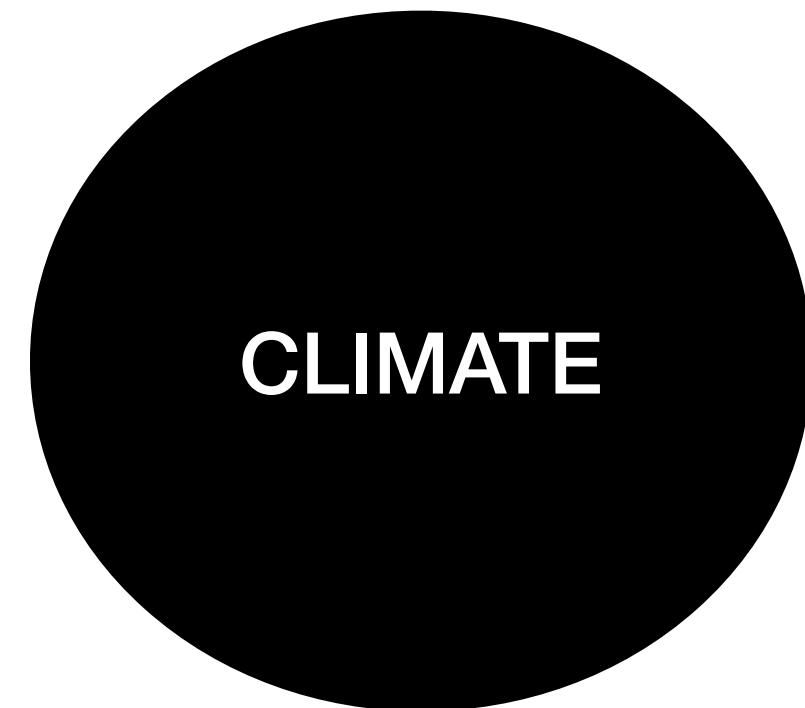
THE MYTHS

THE SKILLS

THE FEARS



CONTEXT



CONTEXT

= new leadership paradigm

WHAT IS LEADERSHIP ?

3 words



Leadership is the ability to act and impact our ecosystem, starting within us.

It's a posture, a way of being and a set of skills that can evolved over time.

LEADERSHIP ARCHETYPES



The visionary



The relational



The connector

THE MYTHS

Myth n°1 : Leadership is for a happy few

Myth n°2 : Leadership = manager

Myth n°3 : Leadership = perfection

DANCING

WITH FEARS & STRESS

What is the main fear you want to invite dancing ?

FIGHT



FREEZE



FLIGHT



FAWN



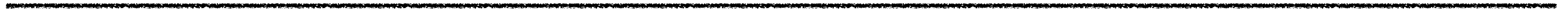
ABOVE

BELOW

OPEN

EMBODIED

PRESENCE



STRESS

FEARS

CONTROL

What are the 3 top leadership skills ?



1 - SELF AWARENESS

« It think 99 times and find nothing. I
stop thinking, swim in silence and the
truth comes to me ».

Albert Einstiein

A BREAK ?

2-EMBODIEMENT

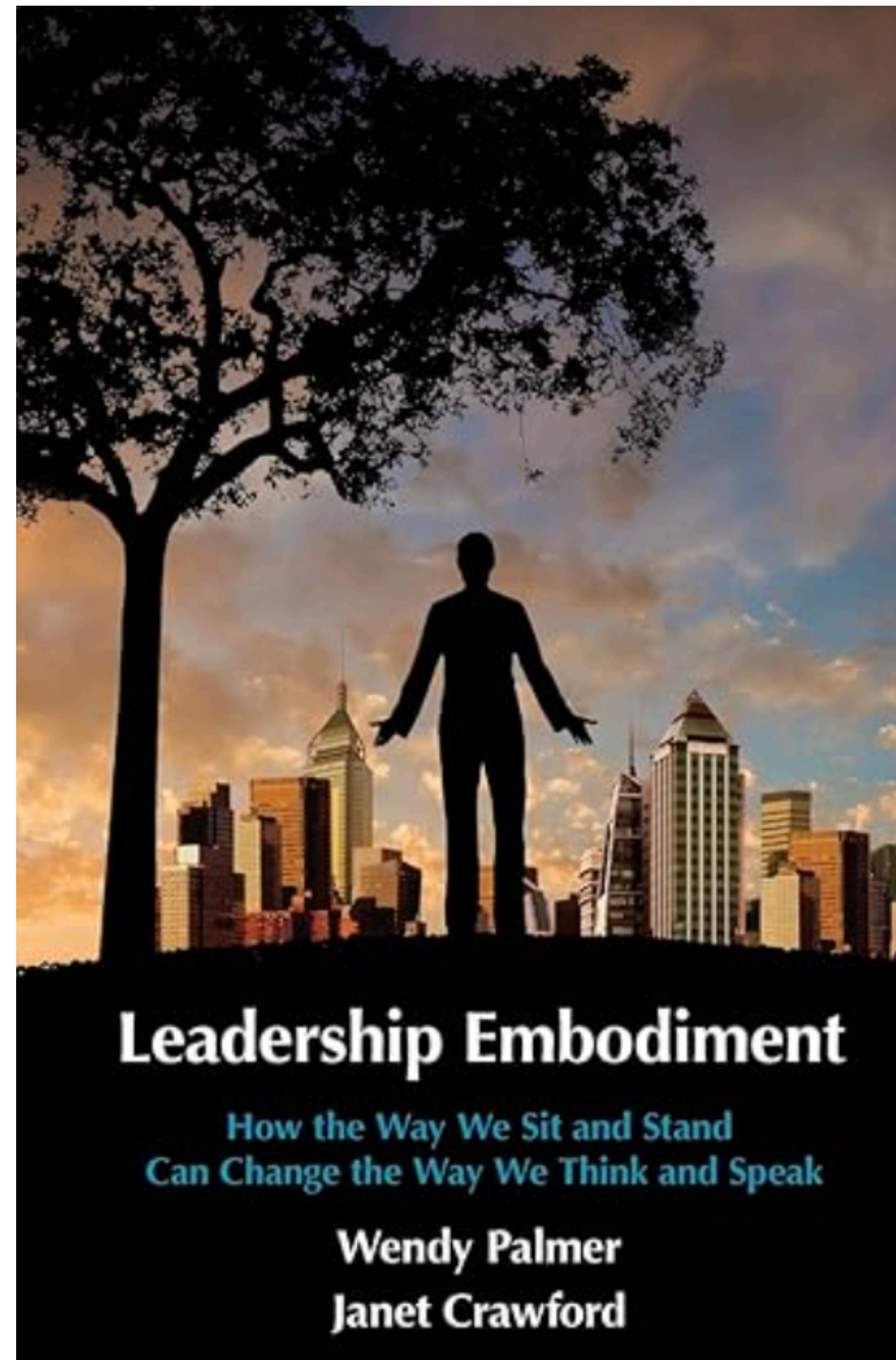
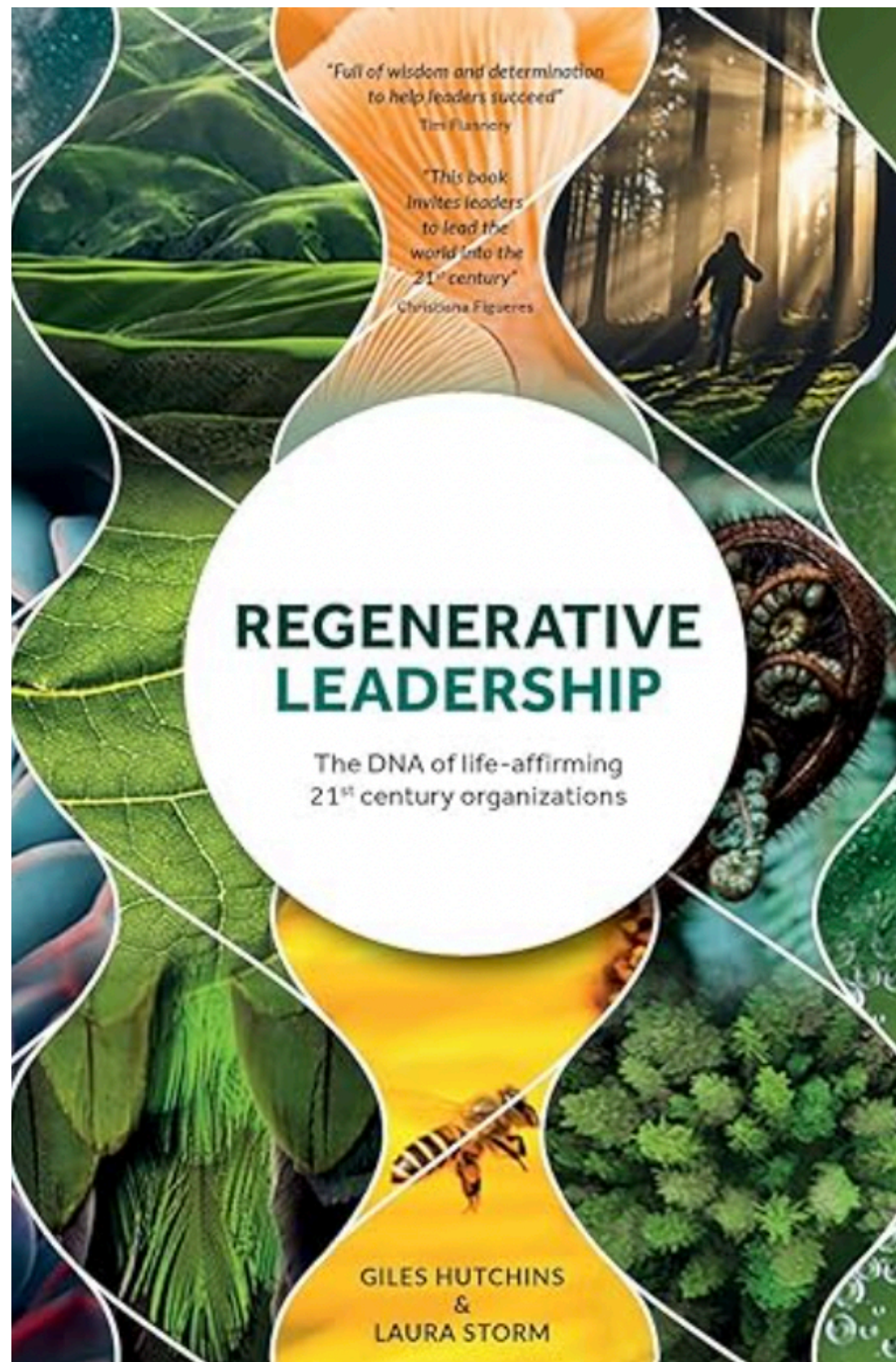
3-INCLUSIVENESS

A NON LINEAR JOURNEY



What is your key learning ?

RESSOURCES



THANK YOU !

& HAPPY TO CONNECT